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MUSIC REVIEW:
GOOD TO BE ALONE

OPINION:
#STAYATHOME

POEM:
TOMORROW IS RED

SASING PROFILE:
KIVA & SONA

LECTURER'S CORNER:
SEEKING SOLITUDE



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Editor's Note



Hello again, Integreaders!

First of all, I want to thank God for all of His blessings, so that we were able to present this issue in the middle of these uncertainties. COVID-19 pandemic reminds me of a saying "human propose, but God disposes". Like the rest of us, INTEGRITY must re-consider all of our plans this year. At first, we found the unexpected events that happened quite unfortunate for us before we learnt to accept and adapt to what happened.

"Solitude" was chosen for the theme of this issue. According to Lexico, the term "solitude" means "the state or situation of being alone". The definition taken from Lexico was chosen because it is considered more neutral, neither positive nor negative, compared to other definitions. We think the term fits our situation, especially during the time of quarantine, so that we would be able to express what's in our mind easier.

While the end of this pandemic is still uncertain, the distribution of this issue is still a go, though the process is different than usual. Usually, we distribute the issue as printed version before the final test is started. However, for this semester, we distribute the online version first, followed by the printed version if possible. We hope this issue can help you to pass the time during your quarantine.

Lastly, in this last issue from INTEGRITY Magazine 2019-2020, I want to give my gratitude to my fellow staff of INTEGRITY Magazine 2019-2020, Ma'am Eva as our senior editor, the lecturers, the contributors, the readers, and everyone taking parts in our project. Thank you for your time, effort, patience, and everything you did to support us on our ups and downs. It's such a pleasure to spend my college time with you. I hope the relation you have made with INTEGRITY can help you to be a better version of yourself, even just for a tiny bit. Also, let's hope this whole COVID-19 situation gets better soon.

Stay safe and healthy, Integreaders!

Regards,
Saphira Leonita Sunarso

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of Light

Widi Murti Kasih - 184214051

pict: Talitha Djulia Claresta

Nights had flown away
in a haste of swirling wind
Days had swept away
with the light and heat of an eyes
shone hastily through the open air

There come the tears of a body
and the tears of a soul
Longing, hoping, and trying.
for once more,
to hold the one's mighty eagle of night.
Which wings had shield from dusts and rusts
which feathers had released burst of lights and warmth
amidst the cold inky blackness of an ominous forest

There comes the sweet-tempered eagle of night
beaming beneath the moonlight.



pic : Talitha Djulia C - 184214152

2102

Cicilia Bella -174214096

Raindrops fall in the middle of sunlight
Cloudy day comes, the wind whispers
The noisy silence appears
Echoing inside the rooms
Within my brain

With the voices filled up in me
The solitude is broken
Though the melodies are not made
Because these noises disturb me

Steps are not taken, not moving forward
The voices start to take control
Not many raindrops to keep me sane
And I'm drowned
Deeply.



Loom

Nadia Khansa Amira - 184214064

I couldn't catch a glimpse of you
in one museum, standing like having no clue.
Watching Van Gogh suddenly the air blew;
lone and dreaming when I wish you knew:
I was supposed to feel red, instead I was blue
in box of arts, I will never knew.
Day by day I feel like it's a flu
when it bombed away so flew.
I was brave enough to chew
sweetie pills and a glass of truth.
Here I laughed when you overdue,
but slapped it when I soon solo adieu.

Pic: Ervina Aimee Liann



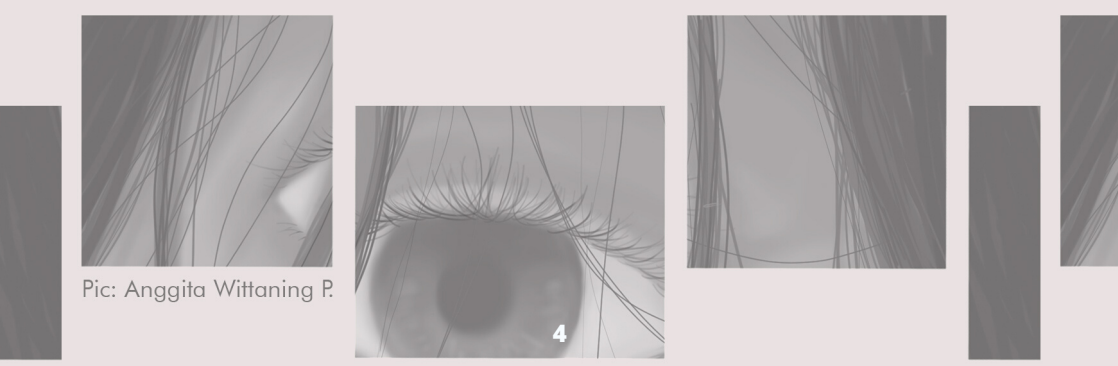
POSITIVE

William Susanto - 184214097

Never felt so isolated
I was born to be alone
And I know that I won't make it
Say you'll miss me when I'm gone

But if I leave, no need to meet me
I'll be in peace right when I'm sleeping
Please go, I'm done enough tested
Go, before I see one more casket

It's hard to get rid of you
Even more if I'm forced to
The bridge was split in two
And there's nothing I can do.



Pic: Anggita Wittaning P.



pic: Ervina Aimee Liann

The Lone Laughed

CORNELIA ARSETYA L. A. P. - 184214104

Far from home chasing dreams
Facing a bomb, it ain't a scheme
Of the four white walls, a safe place
And empty halls, isolated, out of space

Lone laughs and, "I despise the attitude,"
Should've had enough of solitude
The white and fright give us anxiety
Seclusion isn't an invitation, it's a calamity

TOMORROW IS RED

ABIYU RIFQI - 184214115

Tomorrow is Red, I ain't feel right
I've got nothing, to keep me sane
I've got nobody, to hold me tight

Tomorrow is Red, I ain't feel right
I've seen nothing that makes me smile
I've seen nobody who makes me sob

Tomorrow is Red, I feel alright
I've got no fire, the fire is dead
The fire is dead, as I feel detached
As I feel detached, I'm in Heaven now

In a Heavenly Hell.



pic: Gabriella Melani

Shade of Silence

Laras - 194214078

Why do I feel like a jailbird
Inside a cage of men's singing
Why do I feel like a wind
In the storm of men's rage

I hate men's singing
I only long for the lonely night
And my shadow as my own company
O dear moon
Lead me to the shade of silence
Where I can be free from the cage
Where I can glow the brightest like you



pic : Gabriella Melani
184214146



THE LONE RANGER

Anastasia Adristri - 174214076

Alone

A lone

All alone

Lone Lone Lone Lone Lone Lone

Lone Lone

Lone Alone Lone

Lone Lone

Lone Lone

Lone Lone Lone Lone Lone Lone

Alone

A lone

All alone



pict: Anggita Witaning Putri



Socializing Needs Solitude Moments



Do you know 'solitude'? Solitude and loneliness are the same. When you hear those words in your ears, what comes on your mind? Have you ever experienced it? Marsel Sona, who is a member of the English Letters Students' Association (HMPSS-ING) and the head of English Letters Competition & Festival 2020 (Elcomfest 2020), confesses that he was ever soluble in solitude. Everybody must feel an exhausted feeling, so is he. When Marsel Sona had an exhausted feeling or when he had a lot of problems, he decided to lockdown himself in his boarding house. Marsel Sona said that solitude can help himself organize which problem to solve the first. "So, the tiebreaker of my problem is myself", Sona added.

Solitude is sometimes underestimated by some people because it is often associated with people who are difficult to get along with their environment, or that we call anti-social. But Marsel Sona said that although we are social human, it cannot be denied that sometimes we need moments when we want to understand ourselves deeper. With solitude, Marsel Sona can also self-introspect whether he is already fine or not.

Just so you know, solitude has many positive effects for yourself. Marsel Sona said that knowing yourself thoroughly is very good and has many benefits. He said that solitude helps us in resolving problems; even big problems will be more easily solved in situations when you are alone. Besides, everybody must have goals in their life. However, some people do not have plans yet for their goals. Marsel Sona believes that solitude can help you find your goals. Something that isn't less important is to evaluate yourself. When we make mistakes, it is certainly difficult to evaluate ourselves especially in the middle of the crowd with many thoughts in our minds. "In my opinion, making wise decisions to solve my problems can be done maximally if we are in a loneliness. If it is debated by many parties, it will eventually become saturated and the trivial matters become dramatic," said Marsel Sona.

While solitude is underestimated by some people because it is considered something negative such as being unfriendly and anti-social, Marsel Sona invites us to realize that solitude is not a bad thing. But, if something is too excessive, it will not be good. He said that someone who is always alone would not be healthy mentally and emotionally. We must realize that our mental and mind are formed from our interactions with others. So, it is not good if we shut off ourselves constantly and there isn't a single desire to open up with others, and we will never be ready to accept the environment around us. "The point is that everything has portions, solitude too," Sona added.

Then, what does Marsel Sona say to the people who still consider solitude as a bad thing that we should avoid? Sometimes people are afraid to be alone because they are afraid of being labeled as anti-social. Marsel Sona said that someone's choice to be alone is their freedom. So, if you need time to be alone, just go ahead because being alone is not wrong! But, you must be prepared with the consequences that you will receive. Bear in your mind, every decision has a consequence. When you choose to be alone for yourself, you don't need to be afraid of the negative perceptions from people. After all, people who do that, don't know why you choose to be alone.

"Advice from me, choose what's best for your own growth because your goal in life is to develop. Supposing solitude can make us more productive, then do it. You are the director of your own life," Sona suggested.

Agata Filia Dei Gratia - 194214111





Elisabeth Kivana Damayanti

**Ordinary Introvert Person
who has Strong Willingness
to become a better person**

With an ordinary background, Elisabeth Kivana Damayanti, or Kiva, becomes one of the best students in Sanata Dharma, not only based on her grades in the class but also based on the organization she has joined in. In the English Letters Department, she has joined many organizations and committees. Kiva was a "dampok" of 2019 Potluck. She was a part of the core committee in ELUC 2019 and she is now the head of ELAC. She has joined the AIESEC twice, as a volunteer and as a committee. She also joined Sanata Dharma student exchange at Konkuk University in South Korea. I am curious of how she could become one of the best students in the English Letters Department of Sanata Dharma and how she could balance the study and the life of the organization.

Kiva is a humble person and she appreciates times. She doesn't like to waste time. Kiva is an open-minded person, so don't be afraid to talk to her if you are going to be scolded when you have a different opinion with her. She is the kind of person that could easily adapt to the environment near her, but it was not like that at first. At first, like any introverts, she struggled to socialize with others. I remember seeing her only with one of her friends. Also, Kiva is really picky when it comes to choosing her friends because she believes that someone's circle can affect that person's life. I was curious also about the way she became someone that could easily adapt to the environment, so I asked her how to become more open and adapt more.

The answer to that question is really simple, but it is hard to do it in a real situation in real life. The answer is her strong willingness to become a better person and go outside your comfort zone. It shocked me, because I really feel comfortable in my comfort zone and don't want to leave it. Anyone in this world also has that kind of problem, right? After that, I asked her next how to leave the comfort zone, because it is really hard and I, myself, have struggled with it in my entire life. She said that you have to have willingness and goals. In this life, if you want to be better, you must have goals and the willingness to get the goals. Kiva is very much a busy person and she does struggle with time. However, she sets her priorities well, and gets through it all eventually. It made me curious again about what she likes to do.

Elisabeth likes anything about English. Anything, from poem to song, from drama to movie, from history to culture, she likes all of them. The more important thing to know is that she likes reading, a lot, especially something with English or connecting to that. She has this hobby since high school and it is one of the reasons she chose to study at the English Letters Department. She also has a weird (from my perspective) hobby and it is studying. Kiva likes receiving new knowledge when reading books.

Talking about her introvert personality and solitude, Kiva doesn't always go to a quiet place to calm herself. She does, but only when the problem makes her emotionally drained. She also likes to do what she wants to make herself better, or just goes to sleep to refresh her mind. When a problem is not so hard for her, she shares her experience with her friend that she believes.

Last but not least, her tip to us to become a better person; always have some goals and be productive.

Immanuel Christyas Julius Wicaksono -
184214141



#STAY AT HOME

Evelina Widodo - 174214011

The world has been shaken by the outbreak of COVID-19 (stands for coronavirus disease and the year of 2019 when the first case was found). How does it not? The disease caused by the latest type of coronavirus has taken thousands of people's lives. To curb the spread of COVID-19, the government have been encouraging people to carry out social distancing. Social distancing refers to the act of limiting someone's social activity to prevent further spread of COVID-19. Recently, the term has been changed into physical distancing as it is closer to the actual act of limiting physical contact for it is the way of the disease being spread to one person to another. Physical distancing can be done by staying at home for most of the time and maintaining distance of approximately one meter when interacting with other people is needed.

With the rule of physical distancing issued by our president Joko Widodo, majority of people who are workers and students have been ordered to do their activities from home, known as WFH

or work from home (for students it is online class). WFH implementation aims to break the chain of virus transmission without having to stop or disrupt work activities or ongoing education. About a week of WFH implementation, I see several shortcomings of the method begin to appear. I strongly support the method but I think several aspects need to be improved.

One of them is from education aspect, a lot of students complain about the method as whereas its aim is to ensure students' health, in its implementation, on the contrary, make students become more exhausted instead due to the excessive and burdensome schoolwork. Moreover, this method cannot run smoothly because not all students can access the internet especially those who live in rural areas. While usually they have to struggle with coming to school, in online class implementation, their problem will be access for internet network and gadgets that they don't necessarily have in possession.

pict: Anggita W





This method also has a significant effect on the nation and citizen economic aspect. By limiting the space to make a lot of roads and public places vacant, macro and micro businesses, as well as daily wage workers feel the impact greatly. The government could give order to all of us to stay at home, but how will the government guarantee that all of the people can survive? I think Indonesia is very unprepared with this pandemic. Many people are still doing activity out there, although the victims of COVID-19 continue to multiply.

Those people who only rely on wages per day continue to do activities out there despite being overshadowed by fear of this virus do so not because they do not want to obey the government's order, but they simply just cannot stay at home and become hungry since there is nothing to eat now that they cannot work to earn money. This, in my opinion, is the reason why the government does not dare to impose total lockdown for the country. For country as advanced as America, too, has now declared to cancel lockdown because it can trigger more severe economic chaos.

Indonesia is not the only one which is tired in facing this pandemic, but many other developed countries also feel the same. They work every day to overcome all the problems that arise as a result of the pandemic. In many countries, the government officials and sports athletes make cuts of their salaries, all for the sake of the pandemic. I feel that the Indonesian government has not remained silent with this pandemic, and I hope that the Indonesian government can continue to learn from other countries for the good of the country.

From various aspects that bring impact on the pandemic, the medical personnel are certainly the most affected one as they are at the frontline facing the pandemic. They are all united to fight COVID-19 so the case will not become worse.

In Indonesia, unfortunately, there is still a lot of unpreparedness which is evident by the lack of PPE (personal protective equipment) for doctors and nurses, limited isolation rooms in many hospitals, and the death rate that continue to increase. There is another factor that caused the scarcity, apart from government preparation in facing the pandemic, many irresponsible citizens buy a lot of PPE such as masks and stockpile it for sale at a higher price. This is what makes it difficult to get a mask at this time. The panic due to COVID-19 has caused the phenomenon of panic buying that gives impact to supply and demand that caused scarcity as the price increase inevitably.

Even though there is a lot of unpreparedness, I hope citizens will continue to unite in facing the pandemic. It is because this is not just the task of the government but our responsibility together, too. I think the government has done the best they can do, as they have recently brought additional PPE imported directly from China, converted one of the athlete's homestay to a hospital to treat COVID-19 patients, engaged people in mass rapid tests and so on. As part of being good citizen we can support what the government has been doing by obeying their order for staying at home, stay healthy and don't panic.

IS INTROVERT REALLY AN ANTISOCIAL/ASOCIAL ?

Many people think that an introvert person can't socialize or even worse, can't have a friend. An introvert is not a person that is allergic or afraid to socialize, talk, and befriend others because an introvert can be quite fun to befriend. He/she is different from antisocial/asocial person that intentionally avoids crowd or, in the worse case, avoids interaction with other person. I have included four differences between introvert person and asocial/antisocial person. Before that, I want you to know that sometimes a person can have more than one personality and that includes introvert personality.

Introvert is a personality that refers to someone that has quiet, reserved and thoughtful traits (Healthline.com). They don't seek out attention or engage in social activities as these things can make introverts feel exhausted or drained. From the definition, an introvert seems like a person that doesn't want to make someone in trouble as they like being quiet and alone. In order to do that, they need particular situation which is called solitude, where introvert usually "recharge" their energy, while extroverts "recharge"

their energy by socializing with other people. On the other hand, antisocial or asocial is a mental disorder or mental illness. People with this mental illness are often afraid to socialize with others. There are some of them who intentionally hate on others. This is the first difference that I brought from definition.

The second difference is in the way when they socialize. Introverts like to socialize in a small group and usually that group consists of someone close to them. Introverts also like to have a new friend, but they usually choose the person based on their own criteria. For example: that person has the same topic they are interested in or he/she is near or close to their home. Meanwhile, antisocial/asocial person afraid of doing those things. They usually even avoid meeting a stranger, even though he/she is a friend of their friend.

The third difference is in the way when they are talking. Introverts like to do deep talk about a topic and hate small talk or shallow topic. When they are talking with someone only about small talk, they are

usually out of word. I have a tip when you are talking with introverts. When you are talking with an introvert, you must at least know who is he/she. Is he a person who likes doing sport, game, or studying? Or maybe the person you want to talk doesn't really have a hobby? If he/she doesn't have a hobby, you have to work harder. You must, at least, start a conversation with an interesting topic first. For example: what is the meaning of family for you? Well, this tip isn't useful if you just meet with her/him. If you have just met with an introvert, you must be the one who starts conversation. It will be very difficult if the both are introverts, but it can be very easy too if they really want to talk to each other. On the other hand, anti-social/asocial person always struggles to even talk to each other, as they just like to ignore people around them.

The fourth difference, the last but not least, is how they have a friend. Introverts can have a friend, maybe a lot, but they usually only have a few but they are really close to them. They are solid friends that will accompany an introvert even in the worst situation (I personally like this kind of

friend as I myself is an introvert and asocial at the same time). There are only a few of their friend in the real life, but they might have many friends in social media whom they have befriended for a long time without maybe even knowing each other faces. On the other hand, an asocial person may have the same type of friend and the same quantity of friend, but they don't like to have a new friend because it is so difficult to have even one friend.



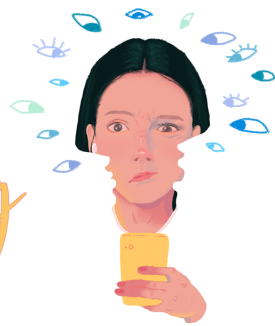
Based on the explanation above, we know that introvert and asocial is different but has similarities too since I have both of them. I know it might be a little bit bias to write about this in one perspective but I, as a writer want to know about your opinion about those types of personalities. So, do you have the same opinion or not?

Immanuel Christyas Julius Wicaksono 184214141
pic: Gabriella Melani

STAY AT HOME:

The Introverts are Losing

Graciella Stephanie Ganadhi - 174214080



pict: Ervina Aimee Liann

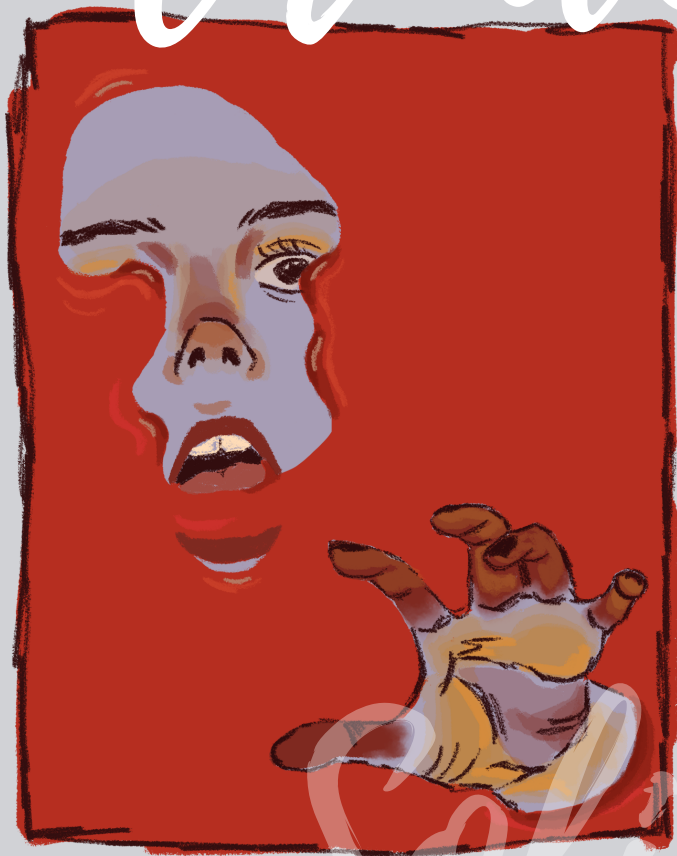
Everyone is staying at home. Well, at least, I hope everyone does. Especially during the time like this, working together as a community is more important than ever. In a way, staying home is somewhat a social responsibility. By proactively staying at home, we help to flatten the pandemic curve globally and lessen the risk of infection. However, staying at home has its own advantages and disadvantages. For extroverts, it might not come as a surprise if they feel that staying at home sucks since they recharge themselves by going out and being social. Surprisingly, introverts think that staying at home sucks, too. For introverts, the disadvantages can be bigger than the advantages.

We, as introverts, recharge ourselves by being alone, having some me-time, right? Well, during the current situation, we can't do that anymore. Everyone is inside the house most of the time, if not all the time, and we hardly can be truly alone. It is excruciating, to be honest. We have to be somewhat a people person all the time, even among our own family. Sometimes, a few hours of being completely alone is what we need. However, with everyone staying at home, it seems almost impossible.

Oh, people annoy us most of the time, too! People hardly leave us alone as the prohibition on going out mostly affects extroverts, who always feel the need to go out and interact with other people. That's why when they can't, they will try their hardest to interact with those who are near, in which in my case, happens to be me, an introvert. It is not super annoying per se, but most people can't tell when introverts want to be alone, so it will end up being an inconvenience.

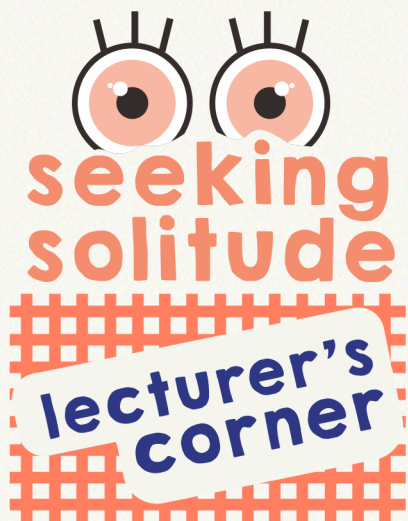
Unfortunately for us, introverts, we can't go back to our way of life before the pandemic. With everyone staying at home, we will have to put up with constant family get-together, limited me time, and a continuous vicious cycle of having to be a people person. While extroverts stuck at home and don't have the liberty of going out, introverts have to put up with extroverts that are stuck inside and deal with their own liberty of being alone is taken away. Sadly, we have to wait until the pandemic passes and it becomes safe for people to go out freely again. When that time comes, we will rejoice when those extroverts go out and be social while we stay cozy and warm by ourselves. So, stay home, folk! The quicker this pandemic ends, the better.

Solitude



pic: Ervina Aimee Liann

Solitude



“The greatest thing in the world is to know how to belong to oneself”

- Michel de Montaigne

In our normal days, we might be tied up by various activities. Our minds seem never to stop thinking of what to do next, what to do later, tomorrow, or next week, and so forth. It can be said that people mostly live in a robotic mode. Now, the Covid-19 outbreak has stopped us to have, the so-called, our normal lives. We are confined or even isolated for not only days or weeks but maybe for months. No one knows exactly when this pandemic ends.

Normally, after exhausting weekdays, we need some time alone to recharge our energy. Each person requires a different amount of time to withdraw from the crowd for a while. However, there might be a reason that forces us to temporarily be in the state of distancing from others or even be in a complete solitariness.

For people who tend to love solitude, long-term solitary moments might be considered as a special state and these people find no difficulties when experience it. However, for the majority of people, being in a long-term solitariness may be regarded as an unpleasant or even painful experience.

Solitariness is often associated with solitude and loneliness. Solitude and loneliness appear to be the same since they are characterized by the state of being alone, however, they offer different experiences and results. Christopher R. Long and James R. Averill, in *Solitude: An Exploration of Benefits of Being Alone*, state that “Solitude, in contrast to loneliness, is often a positive state—one that may be sought rather than avoided.” Furthermore, Christiane A. Hoppmann, et al., states that, “... Loneliness has been linked to specific long-term risks to physical and mental health, however, being in solitude is not inevitably associated with feeling lonely.

“Thus, solitude is more associated to a positive state, and loneliness is related to negative one. Even though solitude tends to bring positive meaning and experience, an imposed solitude may bring a negative impact. Baloyannis J. Stavros in his article *The Philosophy of Solitude* explains that “Solitude may be a very positive and constructive experience, whenever it is a desirable choice of the way of life or otherwise it may be a distressing experience, inducing negative feelings, whenever it is externally imposed.” Based on the previous statements, it can be inferred that solitude is a voluntary or deliberate action to be in a solitary state for having meaningful experiences and results.



People experience solitude for various reasons. Some people may take it as a breather from a stressful schedule, as a moment for quiet contemplation, or as a way to stimulate creativity. In her article, *The Call of Solitude*, Ester Buchholz points out the importance of experiencing meaningful alone time. She says, "Being alone gives us the power to regulate and adjust our lives. It can teach us fortitude and the ability to satisfy our own needs. A restorer of energy, the stillness of alone experiences provides us with much-needed rest. It brings forth our longing to explore, our curiosity about the unknown, our will to be an individual, our hopes for freedom. Alone time is fuel for life." In other words, solitude allows us to have more understanding of ourselves, to raise our self-awareness, and to recharge our energy.

From time to time, philosophers, poets, artists, spiritualists, and scientists were compelled to solitude in order to pursue their deepest thoughts about life or to create their best works. However, not only those remarkable people who require solitude.

All human beings with their contexts also need to experience this meaningful alone time. Now, is it possible for us to experience solitude in today's busy world? The fact that communication technology allows us to be connected to others at all times may make us think that alone time is almost impossible to be gained. People might also think that solitude is only possible to happen when someone is physically alone, yet, solitude is not merely about being alone physically. Solitude is a choice.

A person may enter solitude when she/he intentionally disconnects from others. Ester Buchholz even states that "...alone time can be found while with another, in crowds, in sleep, or in alert and chosen isolation. It does not even require quiet and stillness." Even in an imposed confinement or solitariness, one still can make a choice to gain the possible benefit of the situation. Seeking solitude is always possible.

Yogyakarta, April 16, 2020

Ni Luh Putu Rosiandani, S.S., M.Hum.

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CORONER

Billiam Susanto - 184214097


Harry eventually crawled *out* of his shell. Nobody knew him well, *not* even himself. Yellow jumpsuit always matched his skin. The only time he went away was when he went to the groceries and basked under the ultraviolet ray. This 15-year-old boy put his hood, shades and mask on, went headfirst, hands in pockets everywhere, every time outside. Well, the world was going crazy.

Sergio Mattarella has been strict about everything related to China. Tense military and economic conflicts burned their bridge. European Union has been controversially cancelled. There was once an ultimatum saying that if Italians saw any Far East Asian people around, they had to kill them. Luckily, before the enactment, all Italian-Asians were given time to move to another country in a fortnight. Harry Li? He decided not to. To make things clear, he was fed up enough with his abusive family, so even when he followed them all, they'd keep trying to shoo him away.

The best-case scenario was he would be accepted but still tormented in the end. Besides, Harry was dead to them. Better for him to remain cold in solitude. Something in his heart strangely told him to stay in his beloved country—of course, undiscovered. Harry made a living by working as an Internet writer. With a fake ID, no one found him yet.

Being stuck in his small dwelling for months was normal to Harry. He got everything stocked, every door locked. Sometimes, loneliness crawled up his spinal column. The only person he had at the moment was his reflection in the mirror. Once he wanted to be more sociable, he thought about how people looked down on him. So, he returned to be a misanthropic loner back to back again. However, Harry still had hopes in God's name, took his time to pray inside his house, or listened to sermons online, just like everything he did—hoping to feel more alive again.

One night, Harry experienced a highly peculiar dream. Usually, he was an owl in human form, going through sleepless nights. But that time, he got a high fever, so he slept earlier. It was like a-blink-of-an-eye slumber. A fifth of a second after that, Harry caught himself in a white-walled place. "Welcome home, Harry," a voice was heard as he looked around being in a daze. One shiny man with an Asian face.




"You must be confused. The whole universe paints me differently, don't they?" He patted Harry's left shoulder. "Listen, my child, the world's reached its limit. Something massive is about to happen. Tomorrow, there will be a very huge crowd in Rome. Unfortunately, it will be the modern-day Sodom and Gomorrah, where all matters of sins take place. I want you to stay safe." Just when Harry was going to approach, as swift as a falcon, the guy disappeared.

Waking up, panicking in cold sweat, Harry was disturbed by the TV noise. He sighed, stood up and just as he went to turn it off, the news anchor reported that tomorrow there would be a super messy American party festival at Piazza del Popolo, which was informed to contain billions of citizens—for free. Reminded of the dream, Harry ran and peeked through the window and saw a mob of people jumping in delight after they heard the news. "Without being warned, I still won't go there, though." Harry thought. "What exactly is going to happen? Should I warn them?"

While he was in a large dilemma, there were numerous knocks at the door. "Must be Mr. Mussolini wanting to have a chat. This is the right time to tell him not to go to the party," Harry whispered to himself. He usually ignored it, but without a single doubt, he finally opened it. "Sir, please don't go partying there tomorrow night. Trust me, a disaster will occur," Harry persuaded with no hesitation. "That's impo—" Mussolini replied, but stopped. A second went by, but all Harry saw was only his neighbor's red face. Harry briskly put his palms on his face, realizing he got uncovered—but it was too late. "How dare you, China man!" Mr. Mussolini shouted before waving a hammer he grabbed to Harry's forehead 11 times. He was dead straight away. "Who's going to trust a self-isolating weirdo anyway?" Hands covered in blood, Mussolini immediately ran telling his family and asked them to plunder the house.

The next day, the party started. The crowd was packed, not a single centimeter gap between them. You could smell the alcohol of every naked attendant. Everybody banged their heads enjoying the DJ, except Mussolini. He kept coughing unstopably since before the concert even began.

In all of a sudden, he had a seizure and collapsed so hard. His wife was in shock, trying to give him artificial respiration but she couldn't move a bit. She screamed for help from medical officers but the music was too loud. Drunkards around her seemed to be annoyed, so they punched her in the face, she hit back but other people trampled over each other and it went on and on, which led to mass riot until the end of the show. They didn't know there was a biological holocaust coming their way.



THE THRONE OF VOID

There once a kingdom in the middle of a desert led by a king named Shakmeh. The kingdom was magnificent, but Shakmeh's leadership was cruel. Shakmeh was very rich and mastered combat. He was abundantly powerful since he received a blessing from the desert itself. He was a tyrant as he always forced the residents to work without rest. He also arbitrary towards his subordinates such as his advisors or servants.

One day the king was angry with all his subordinates because he could not take care of the palace where the king lived. He was angry and said that all the residents, advisors and troops were useless. Out of anger he later remained silent on his throne and sent all his guards and advisors away.

After a long time, he was alone. The king stood up and shouted for his advisors and servants. But the strange thing was that they didn't come. The king confused and went out of the throne room. The king was surprised because of no one in his palace. He thought everyone had left him.

The king seemed happy because his useless servants were gone. He came out of his kingdom and wanted to meet his people to look for new servants. But the king was surprised when he saw the city was quiet and there was no one. Shakmeh walked and looked at his empty city. He began to be sad because usually when he walked in the city, many people always greet him.

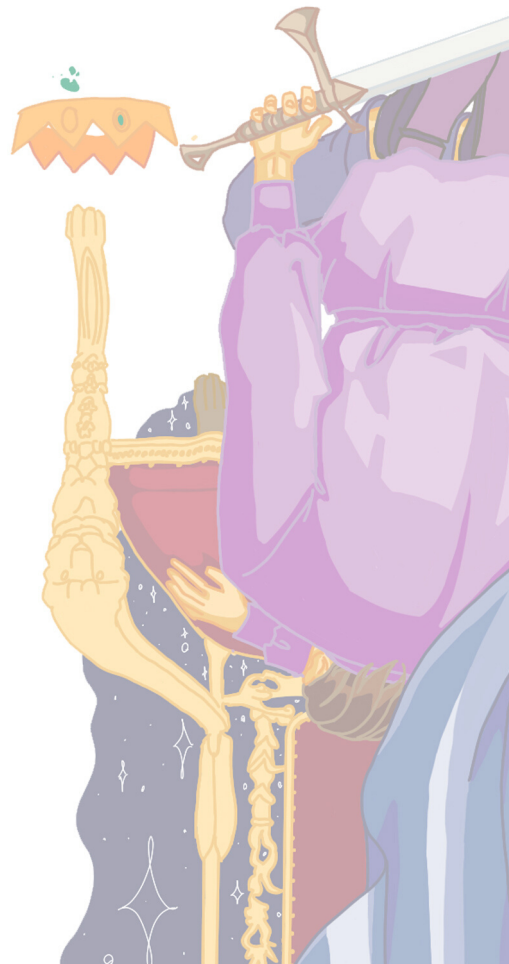
The sound of the machines making food and the streams of people in the market which used to make the palace crowded now no longer existed. He looked back and realized that usually many faithful bodyguards followed him and now they have gone. Though he was a cruel person, he had someone special: a girl who was at the king's temple every day. She was an Astronomer who serves the God of The Sun in king's temple. Every time Shakmeh got tired, he always goes to the temple to meet the girl. She was very kind and beautiful. That made her very special to Shakmeh. He hoped the girl would not leave him. He ran to the temple and found the temple empty. No one was there. The special one for the king also left him.

It seemed like time had passed long enough, so he returned to his throne. He did not know what to do. Due to stress and feeling very lonely, he finally closed his eyes and decided to commit suicide by sticking his sword into his heart.

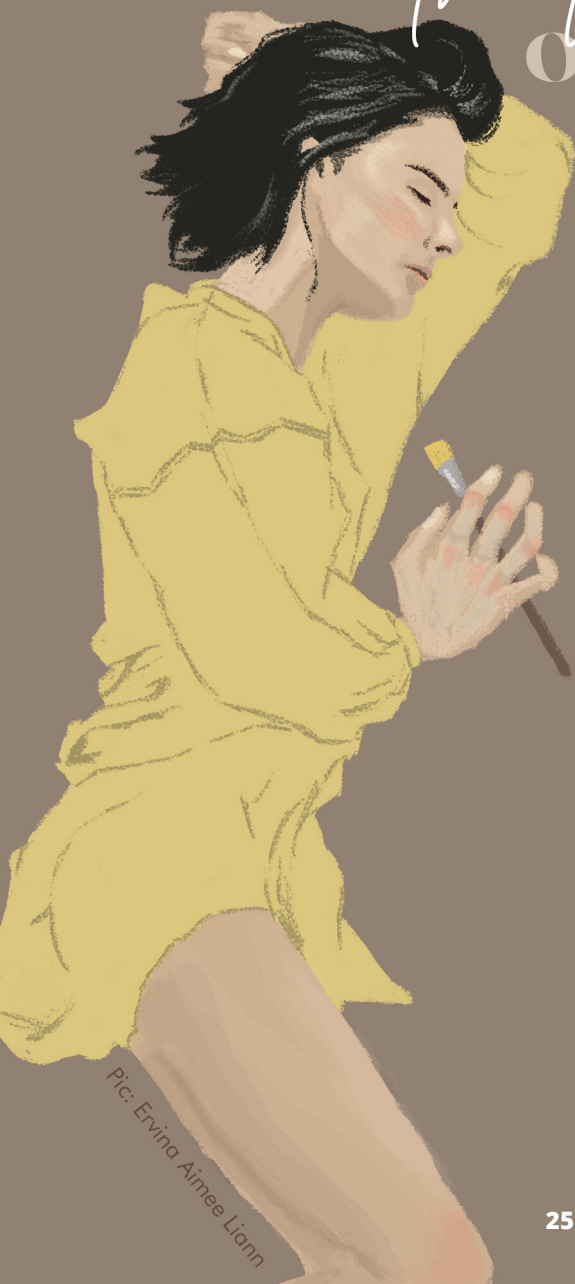
"Devoured by the darkness, the vanity which becomes a fit of violent anger brought me back to the wrong way. The darkness of my heart devoured all that I loved."

Everything went dark, but slowly there was a very noisy noise in the dark. He tried to open his eyes and strangely enough the sword stuck in his heart was gone. He assumed that he was already in the realm of the dead. He looked out of his palace and his lost residents had returned. From behind, came a knock on the door and it turned out to be his advisor and servant. The king was very happy and hugged them like his own family. To confirm something, then the king ran to his temple. There he saw the girl sitting staring at the sky. Shakmeh suddenly hugged the girl without saying anything. Then the girl said, "Are you dreaming about something, my King?"

Yugus Putra Pratama - 174214020



How to Calm *The Waves* of A Painter



The morning sun peeks through the tall dusty window of a small gloomy room and wakes a painter who had fallen asleep on the wooden floor. She wakes up and straightens her back to sit, looking at the blank canvas stood in front of her. She looks down and sighs.

"I couldn't do it again."

It's been going on like this for two years. She can't paint anything, she tries stroking her brush on the canvas but nothing happens, nothing is working. It's like her brush keeps on falling out bit by bit every time she tries to paint. The painter moved to this small crowded town exactly two years ago with the hope she could sell her paintings to many ranges of people, but it didn't turn out good. She did try to sell her old paintings as a startup but no one would buy it. No one seems to see her as a painter, no one would even take a glimpse on her works. After that, she couldn't make anything until now. The painter lives near a market area, which is the only cheap place available when she moved in here. Loud voices can be heard from outside. People are already doing their morning activities. She gets up and moves to sit beside the window, contemplating how she could control her waves when she was still living in her cabin wood near the forest. Now, she can't even control it. The painter is thinking of ways to calm the waves inside of her when she heard people talking outside her window.

Pic: Evrina Aimee Liann

"Do you know the painter who moved in here two years ago?"

"Oh yeah, that one. What about her?"

"I heard that no one would buy her paintings that she got depressed."

"That might be true. Someone also told me that she died weeks ago because no one had ever seen her outside the house for weeks."

"Poor painter. She is still young."

The painter shakes her head in disbelief upon hearing that conversation. Another rumor. Since moving to this town, she never gets her peace and keeps on hearing things like that. Also because she lives in the most crowded area in the town, she has to deal with that kind of ramblings outside her house. Of course, those things are not real. She already bought her food stock for a month so she could focus on her art more, that's why she didn't need to go out. She is not dead.

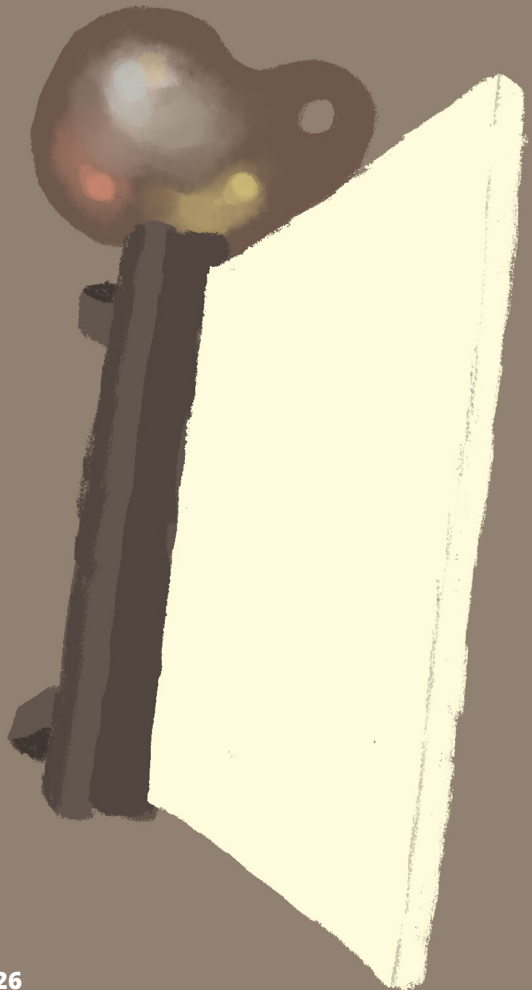
"I wonder if it is because of this damned noisy town or maybe it's just because of me?"

The painter stands up and takes off her painting apron. She steps outside the door, leaving those people startled in silence. She walks on the path leaving the market area, hoping to find a quieter place. Only focusing on following the path, she doesn't realize that the crowd and noises are becoming further away behind her. The painter stops her steps when she notices she has arrived on the greener side. The smell of grass is refreshing. The breezy wind cools down the painter's head. She decides to walk some more so she can sit under a tree on top of a nearby hillock. The painter finally sits down, just enjoying the silence she had a longing for. The wave inside of her is starting to calm down.

After laying down on top of grass and enjoying the blue sky for a while, the painter finally gets up and decides to walk back to the town. On the way to the town, she found out why her waves rage so much and why she couldn't draw. She walks through the market path, ignoring all voices there. When she arrives at her house, she packs all of her painting tools and the other stuff to leave the town.

The wave inside of her has calmed down. She finally found what she desires.

Laras - 194214078





pic: Ervina Aimee Liann

Facing Your Demons

WILD 2014

Katarina A.R - 174214154

"There's no way to know what makes one thing happen and not another, what leads to what, what destroys what or causes what to flourish or die or take another course. What if I forgave myself?"

— Cheryl Strayed in *Wild*

Directed by Jean-Marc Vallée, *Wild* (2014), this movie is based on an autobiography of the same title by Cheryl Strayed. The film follows the 26-year-old Strayed (Reese Witherspoon) as she hikes the Pacific Crest Trail alone despite no prior hiking experience. She struggles with the blazing desert heat, her lack of preparedness, as well as her emotional baggage. Every moment in the 1,100-mile hike seems to bring her back to her painful past.

Strayed's journey is interspersed with flashbacks to her past. The audience learns that her life has been in shambles since her mother Bobbi's (Laura Dern) sudden, painful death from cancer at the age of forty-five. The loss is devastating for Strayed, whose mother has raised her and her brother alone since she leaves her alcoholic, abusive husband.

Driven by grief, Strayed impulsively engages in a series of self-destructive behaviors until her kind-hearted husband Paul (Thomas Sadoski) cannot take it anymore.

Their divorce is the turning point that makes her want to decide to sober up and embark on her solo journey toward self-acceptance.

The use of flashbacks, coupled with gorgeous shots of nature, makes *Wild* an evocative film. Although the audience is only shown short segments of the past, Witherspoon and Dern's strong performance is able to convey the deep love and grief Strayed and her mother feel.

More than just a survival movie, *Wild* is also a contemplation on mourning. Strayed's journey forces her to confront her pain. She claims to engage in impulsive behaviours to make her happy, while actually it's only a temporary distraction from grief. Being alone in her journey, she's forced to confront and acknowledge her grief. Although it's painful, it's what enables her to forgive herself and move on from her past.

Unfortunately, the film's ending feels flat, even rather corny. The tone of Strayed's concluding narration becomes similar to that of a motivational speaker, which rather dampens the bittersweet resolution.

However, *Wild* remains worth watching thanks to strong acting and gorgeous cinematography. Moreover, the message of the film is an enduring one. In this loud, busy world, we all can use our times to spend alone with our problems. It's only after we fully acknowledge and accept our demons that we can forgive and move on.

pic : google



MOVIE REVIEW :

127

HOURS

by Danny Boyle

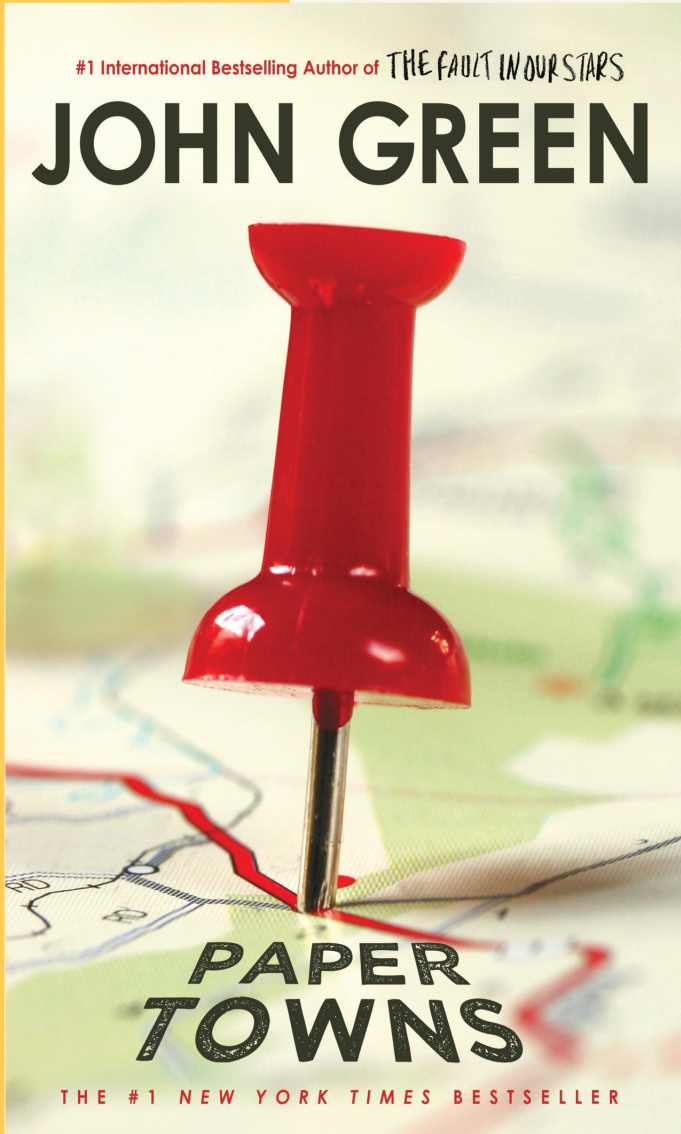
127 Hours is a 2010 British biographical survival drama film which is co-written, produced and directed by Danny Boyle. The film, based on Ralston's memoir *Between a Rock and a Hard Place* (2004), tells about his survival story of when he was trapped for six days in one of the most remote parts of America. Nominated in Golden Globe Awards, British Academy Film Awards, 83rd Academy Awards and mostly for Best Actor, Best Screenplay and Best Original Score.

Aron Ralston is portrayed by James Franco. In the film, canyoneer Aron Ralston must find a way to escape after he gets trapped by a boulder in an isolated slot canyon in Bluejohn Canyon, southeastern Utah, in April 2003. The remarkable adventure is to survive after a fallen boulder crashes on his arm and traps him. Over the next five days, Ralston examines his life and survives the elements to finally discover he has the courage and the tools that he has to extricate himself by any means necessary, scale a sixty-five foot wall and hike over eight miles before he can be rescued.

Ralston loved to do outdoor adventure by himself and was not afraid to do it. He felt invincible and he could do it all alone while he was on outdoor adventures. He told no one about where he was going to. This could be seen when he met two hikers and not a long time after that, he did his way, went for an adventure trek alone through the generally secluded Blue John Canyon. Ralston's second home was the great outdoors, as he considered it.

For ninety-three minutes, we are served not just the beauty of Blue John Canyon, but also with the best performance from the actors and actresses, the cinematography and how it feels to be trapped like in that kind of situation. The film depicts that adventuring alone is not always about have no friend or about misery, but most people choose to do it by themselves, and they are happy about it. If you're prepared enough to face the risk while you are doing it, there is no problem, but don't forget that you still have people around you and you need them.

Sara Immaculata Tera Istinara - 184214121
pic : google



PAPER TOWNS:
SEARCHING OVER
A LITTLE TRUTH
IN DECEIT

Author:
John Green

Total Pages:
305

Release Date:
September 22, 2009

pict: amazon

"Paper Towns" is a book that maybe wouldn't tell you a direct meaning of solitude, but instead through one of the characters. You would know that occasionally you need to have a time of your own to understand your true self.

It begins with two high school friends, Margo Roth Spiegelman and Quentin Jacobsen who hardly speak. One night, Margo climbs into Q's bedroom and invites him for a mission of revenge. It was their night of adventure, full of new things and adrenaline race. Q thinks that everything would change from that time. But, when Q wakes up in the morning, Margo has vanished.

The story continues with Q who discovers the first clue of where Margo was going. Q wants to find Margo, so he asks his friend to accompany him on his quest. From there, Q finds the other clues and it goes on. This is an interesting plot because of the clues that Margo wrote to make the readers curious and want to read on.

The other interesting element of the plot is that it is divided into three sections named: The Strings, The Grass and The Vessel that represent the metaphors used to describe today's society. "The Strings" is about breaking and irreversible change, "The Grass" is about family and friends, and "The Vessel" is about journeys and final destinations.

"Paper Towns" mostly talks about the problem of finding our own identity. In "Paper Towns", maybe we care overmuch about what other people think about us.

We let them build ideas of people with our same name and look though they do not represent ourselves.

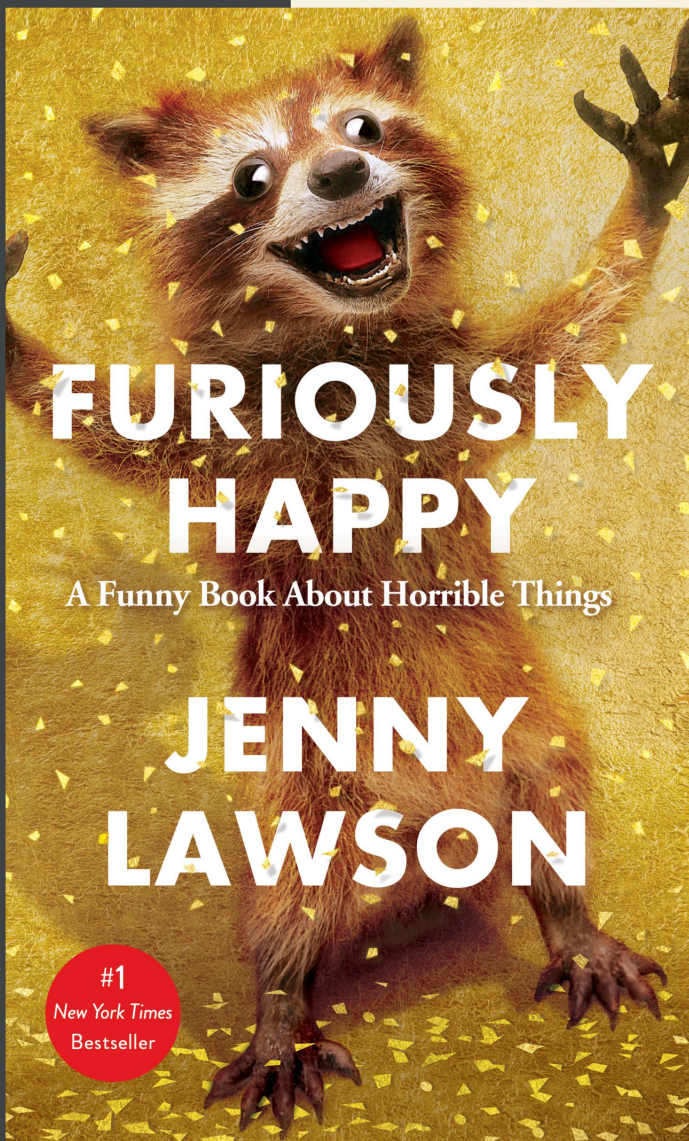
We let these ideas be more important than ourselves. We grow up pretending to be someone else to please everyone's ideas of us and in the end; we even forget who we are.

Margo used to be a "paper girl" for people around her, and she is getting sick of people's expectations. They think that Margo is perfect, moreover able to do everything only because she is Margo Roth Spiegelman, while she isn't that perfect.

Some people might be thinking that Margo's character is kind of childish because she left the old society easily like she is never born, though the truth being, it wasn't what she wanted. In my opinion, if some of us face problems like Margo's, we might do the same thing as her. Some people who relate to Margo reject to be alone, but sometimes we just need to.

The metaphors in this book are beautiful and interesting. There are some gorgeous phrases like my favorite quote, "It is easy to forget how full the world is of people, full to bursting, and each of them imaginable and constantly wrong to imagine."

From this, we would know that Margo decided to vanish and move to a new town in hope that she would find her real self of her own. She hopes to be the true person she wants to be. In the new place, far from the old society, she would have her own time to reveal the truth of herself in solitude.



FURIOUSLY
HAPPY: A FUNNY
BOOK ABOUT
HORRIBLE THINGS

Author:
Jenny Lawson

Total Pages:
329

Release Date:
September 22, 2015

pict: amazon

"Furiously Happy reaches a hand out to you when you feel lonely, discouraged, and like you constantly have to justify how you feel, instead of being accepted for who you are at ~all times~ and learning how to deal with life at all points of the emotional spectrum," Quoting from BuzzFeed's 32 books that have helped people feel less lonely article.

The Buzzfeed article is to explain everything about this book. This book is a collection of essays, thought, and conversation that tell about the writer's (Jenny Lawson) experiences with her mental illnesses.

This book is about Jenny Lawson, a patient with high depression associated with severe anxiety, moderate clinical depression, avoidant personality disorder, occasional loss of self-esteem, and impulse control disorders that can cause mild self-mutilation. Her sufferings consist of imagination a man in a blue dress in the closet who gives her small cookies, severe insomnia, occasionally falling into deep depression, loss of memory and perception, and lack of clue of what to do.

There was hardly a moment when she was not "crazy". Jenny would have thought about a bird falling from the sky when hitting a cloud, how eating a peach is like eating the head of a newborn, and the reasons why God used Adam's ribs to create Eve. These thoughts are not common thought that common people think.

The great thing about this book is if you read carefully, you will notice that she doesn't have the answer to her problem, she doesn't pretend to have the answer, and she doesn't attempt to give you the answer as well. In fact, in her opinion, the answer can mess themselves even more.

In conclusion, this is a great book. In my opinion, this book is easily 5/5 for how deep the book is, for the comedy, for the cute raccoon in the cover, and more.

This book may seem like a heavy reading, but I think it is not. I enjoyed reading the book and made me think "am I okay to laugh at this?" But, later on I think, maybe this is what the author intended to, to embrace your weirdness because your weirdness is your real self.

Lastly, even though this book's theme is about mental illness, this book can be enjoyed by everyone. This book may (very) relate to people with mental illness, but people without it still can enjoy it, and even think "so, this is how they felt."

In the beginning, I doubted whether she had the diseases she claimed, because the depression patients I had encountered in reality is different. But, after reading to the end, I believe it. Because between the lines, I see a person who is emotionally unstable, painful, flustered, pays too much attention to the details of things, but relies on strong spiritual support to make herself happy.

Matt Corby

GOOD TO BE ALONE

Sara Immaculata Terra - 184214121

Matt John Corby or well-known as Matt Corby is a singer and songwriter from Australia. Matt Corby released song by titled "Good to Be Alone" in his album called Telluric in 2016. Telluric was released on 11 March 2016. On his debut album called Telluric, he was able to reach 26th Australian male-singer and 100th Australian on ARIA albums chart. Matt Corby's song genre most of it is Alternative R&B, Neo Soul, Indie Rock, and Dream Pop.

"Good to Be Alone" is one of the underrated songs that Matt Corby in his album Telluric. This song doesn't have a music video but we still can understand the meaning of this song through its lyrics. The song begins with Matt Corby thinking everything will be alright if he and his ex-girlfriend go through their lives alone. "You go your way, I go mine, We just need to take our time," through this, Matt Corby thinks that in his relationship, both of them need some time to be alone.

In the next verse, he tells us about his disappointment toward someone whom he loved before. "We all had to play our part, I was hunted by the one, The one that froze my heart." "Play" in here means that in the relationship there must be someone who hurts and the hurt one. Matt Corby was the one that is hurt by his loved one. His broken heart leads him to not want to be in a relationship anymore.



Inside of this song, the lyric "It's good to be alone" is repeated throughout the song. It seems like Matt Corby enjoys and is happy about his loneliness. The music inside this song, in the beginning, starts with a mellow song. The way of the guitar plays slowly and softly makes us a little bit sad. Then the music starts to be faster and louder. It makes us more relax and makes us seem like full of hope.

Matt Corby also sings "I keep telling myself it's going to be better". He means that even we are alone, it doesn't mean that it is a miserable situation. It can be better rather than have someone around you.

This song overall is recommended to someone who is broken-hearted or depressed because of loneliness. Gareth Hipwell is a music journalist from Rolling Stone Australia. He describes this album "a fraught exercise in self-realization". It can help us to feel okay about ourselves and relax our mind with Matt Corby's relax music.



SWEET CHILD O' MINE

APPETITE FOR DESTRUCTION (1987)

Emirrizar Rafif Adyatma - 194214136

While considered as one of the greatest debut albums of all time, Appetite received little mainstream attention during its early days. By 1988, everything changed. Boosted by the growing popularity of the "most dangerous band in the world" and heavy airplay by MTV for its iconic songs, Appetite became a massive commercial success and quickly climbed to the top Billboard 200. Appetite delivers us some iconic GN'R's songs. One of them was a well-known romantic ballad and the band's magnum opus, "Sweet Child o' Mine."

This was the first song that I listened to during my childhood. While others were growing up with modern 2000s songs, I was stuck with classic, heavy guitar riff driven rock songs from the 80s. Who else was growing up with this kind of unique genre? This song is one of my favourite from GN'R's debut album. A love song from the band that once was labeled as the

most dangerous band in the world. What a contrast, right? This song represents us the soft side of Guns N' Roses, while other songs from Appetite are about sex, drugs, and the wild lifestyle of big city. This ballad is a more mainstream approach compared with others.

Written by all members of the band, the song begins with familiar intro that everyone knows about from Slash and romantic lyrics from Axl Rose about his girlfriend, which made this song is another example of 80s love ballad. The lyrics are easy to understand, the melody is perfect, and the minute-long solo is amazing! Maybe, if you sing this song in front of your girl, it will melt her heart and you can go home with your "sweet child o' yours". You can try sing it like Axl did, but trust me; it's not easy as English grammar. So, if you're an 80s rock lover, this song should be included in your playlist!

The Aesthetic of SOLITUDE

Leonard Cohen's song "Anthem" ends with a poignant reminder: "There is a crack in everything / That's how the light gets in." In those two lines, the Canadian singer has captured the gist of wabi-sabi.

A traditional Japanese aesthetic, wabi-sabi, isn't an easy term to translate. Wabi (侘) originally means the solitude of living like a hermit in nature, far away from society, while sabi (寂) is associated with rusting, withering, and decaying—the natural progression of life. Combined, wabi-sabi is a word to accept transience and imperfection, both in natural and man-made objects.

Lifestyle coach Marie Kondo, famous for her Kon Mari tidying up method, describes wabi-sabi as "experiencing beauty in simplicity and calmness". Professor Tanehisa Otake from Tokyo University's Institute of Aesthetics cited wabi-cha as an example.

Wabi-cha is a style of Japanese tea ceremony dating from the 1600s. The ceremony uses common pottery, rustic and absent of ornate designs, to serve the tea. It forces the participants to observe and appreciate the imperfect tea ware, its dents, cracks, and roughness—an opportunity that offers insight into the natural forces involved in the making of the piece.

In a moment of wabi-sabi, the viewers can see themselves and everything around them as one thing in the natural world, where nothing is ever perfect, finished, or lasting.

More than an aesthetic, wabi-sabi is a philosophy that promotes quiet contemplation and harmony between people and their environment. In Japan, a country is so often devastated by natural disasters, it makes the acceptance of imperfection and impermanence is hardly surprising. Wabi-sabi encourages people to see the forces of nature as a part of the transience of life. In contrast, Western societies tend to see man's place in nature in a dualism between man and culture versus the nature.



pic : Talitha Djulia C - 184214152

As mindfulness becomes increasingly sought after nowadays, wabi-sabi is becoming popular too. In a world where everything is flashy and fast-paced, conscious living and parenting coach Cathy Cassani Adams believes in incorporating wabi-sabi into everyday life through contemplation.

For Adams, being alone is actually the opposite of loneliness. She sets aside an alone time at the front porch of her home, watching her surroundings. Adams describes her alone time as being full of wabi-sabi, which enables her to see beauty in imperfection—in nature, other people, and herself.

"Sometimes in my most contemplative moments, I feel many things at once. Grief for the world, gratitude for good people, love for my family," Adams explains in Zen Parenting Radio. "I often feel most connected when I am being myself. I can feel my place in the world and I more fully feel my love for others."

In its essence, wabi-sabi encourages one to seek the beautiful and the profound in all things imperfect and impermanent, both in nature and also in oneself as a part of the nature. Just as Cohen says: nothing is ever flawless, but even in flaws one can still find the sublime.

Katarina A.R -174214154



pic : google

5 REMARKABLE *introverts*

AROUND THE UNIVERSE:

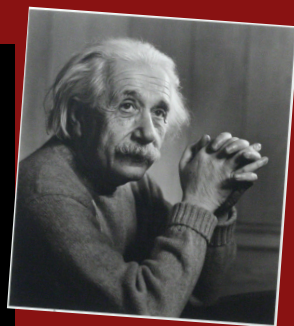
SOME PEOPLE WHO LIVE THROUGH THEIR DEEPEST DEEP

Introverts, they are usually more comfortable spending time in solitude. Introverts get much energy from being alone with their own selves rather than being with people. Unfortunately, we still can find old stereotypes that introversion is something, which is bad for our life and, hence, introvert personality is always under appreciated. In fact, you—all introverts in the whole universe—shouldn't feel like a misfit in society. There are some amazing people who might break those stereotypes:

Albert Einstein

SCIENTIST

Einstein is not only known as one of the most famous scientists in history, but he is also known as an introvert. His introvert side believes that his creativity and success come from keeping things for himself. He once said, "The monotony and solitude of a quiet life stimulates the creative mind." From Einstein, we know that spending time in solitude may provide the space we need to create.



AUTHOR

J. K. Rowling



"I stopped pretending to myself that I was anything other than what I was, and began to direct all my energy into finishing the only work that mattered to me." J.K. Rowling, a great representation of introverts who is often their most creative role model when left alone. It is well-known that she dreamt up Harry Potter when taking a solo train trip. Her pen couldn't work and she was too shy to ask a stranger to borrow one. She ended up composing the story in her own head. From Rowling, we know that our sense of solitude around others doesn't have to get in the way of your ability to move forward.



pic: Gabriella Melani

Emma Watson

ACTRESS

"I'm kind of an introverted kind of person just by nature, it's not like a conscious choice that I'm making necessarily. It's genuinely who I am," said Emma in an interview with Rookie. It is her response about how people applaud her for not being a party girl. Emma thought that she's just a natural introvert who isn't into that scene, she chose solitude instead. She ever wondered what was wrong with her because she wasn't an extrovert. Eventually, she realized that her introversion is not something to be ashamed of.



MOVIE CHARACTER

Katniss Everdeen

From the obstacles that threw her way and her difficult past in District 12, Katniss becomes a strong and independent young woman with sharp instincts. We also discovered Katniss doesn't have the ability to socialize or act in front of the cameras. In her solitude, Katniss is endowed with insightful observations, original ideas, and formidable logic—things that make her the face of revolution, also against her enemy. "Some walk you have to take alone," said Katniss.

John Mayer

MUSICIAN

When Mayer is on his role as a musician, he would remember what he said, "You need to take a trip inside for inspiration." It relates as the best part of introvert which is spending so much time to think, contemplate, gauge our emotions, and rationalize people's actions. It's like he's always on that trip with solitude inside him. Lately, Mayer released a song a 'la introvert. This song which features Leon Bridges entitled "Inside Friend" on Thursday (9/4) is also relatable with self-quarantine agenda.



photos: Google

We can learn from them that introvert is not like what the stereotypes said. When most of people say, "They are so shy, they will not able to deliver a speech in public," or "She/he is so shy and introvert—she/he doesn't like people." Well, introvert is more than that. Being introvert is such a privilege to have more happiness in the deepest time with our own selves—solitude.

Winda Amelia - 194214177

Bill Gates :

Richest Introvert

In The World

When you hear the word 'Solitude', what comes on your mind? Many people say that everybody who like solitude situation tend to have introvert personalities. They also think that extroverts are more successful than introverts. According to experts, it is wrong. Many people have proven that being introvert is not a bad thing. Bill Gates is one of them.

Do you know Bill Gates? William Henry Bill Gates III or known as Bill Gates was born in Seattle Washington on October 28, 1955. He is an American business magnate, software developer, investor, and philanthropist. He is best known as the co-founder of Microsoft Corporation. Bill Gates has a very high interest in reading. When he was ten years old, Bill Gates had even finished reading the World Book Encyclopedia from the beginning to the end of the series, a book that is not commonly read by ten years old children. A high reading interest makes Bill Gates become a nerd and a loner. His mother did not like his habit because Bill Gates was spending too much time with books than people. He was once taken to the therapist. The doctor suggested his parents allowing Bill Gates to grow independent and not to curb his solitude habits.

When Bill Gates was thirteen years old, he attended Lakeside School. In this school, there are several computers in teletype machines form that are connected to downtown Seattle.

Because of those machines, Bill Gates earned a new hobby, which was tinkering computers. He was addicted to it. Bill Gates was always alone doing everything he liked. He preferred spending several nights at the University of Washington just to "play" a computer freely than playing or gathering with his friends.

In this modern era, many people try to be extrovert because it is considered as the one who's easy to work with, so they can get jobs easier than introverts. This makes most people ashamed to choose a solitude situation because it will be associated with being introvert. Whereas, if we look at Bill Gates' story, the statement isn't true at all. Believe it or not, Bill Gates is an introvert who is one of the richest people in the world. He never feels ashamed to choose a solitude situation even though his parents did not like his habits.

Sometimes, we don't realize that we still need time to be alone. However, we are forced to continue to get along and be cheerful, force ourselves to always be seen as someone who is able to interact even though it's not ourselves. We don't actually need to worry because we are free to go on our own to do things.

Never Feel Ashamed

to Choose a

Solitude Situation



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on the next issue



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